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B.C. blast victim formerly of Edmonton

Logger struck by taxi cab

ACCIDENT A 32-year-old jogger remains in hospital with serious head injuries after he was mowed down by a taxi yesterday while crossing 97 Avenue on a marked crosswalk with flashing lights at 102 Street, police said.

Police say eastbound traffic stopped for the man as he crossed the street around 6:30 a.m., but a taxi in the west-bound lane didn't stop.

Investigators with the police service's traffic unit had to close the main artery to downtown until about 10:30 a.m. causing a traffic nightmare in the river valley during the morning commute to work.

Police say the investigation continues and charges are pending against the driver.

METRO EDMONTON



Scene of a fatality involving the use of a Taser by police at 154 Street and Stony Plain Road yesterday around noon hour.

Man dies after being Tasered twice by cops

JEFF CUMMINGS
 jeff.cummings@metronews.ca

Witnesses described mayhem yesterday that ended up with a man dead after he was Tasered twice by city police after a rampage at a Stony Plain Road pawnshop.

Norma Strelkov, a volunteer who works at a thrift store next door to Dan's Pawnshop, near 153 Street, said she saw a large man "flailing his arms" and she was worried he would come into the store.

"He was very agitated, he was very pale, almost greenish looking," said

Strelkov. "He was yelling, then he ran down the sidewalk."

Police say the man, believed to be in his 30s, was acting crazy, smashing windows and threatening people in the pawn shop when city cops arrived.

When he wouldn't calm down, officers Tasered the man twice, but it had no effect, even after two officers wrestled him to the ground, said police spokesman Jeff Wuite.

After city cops handcuffed the man when he was under control, police say he lost consciousness and was taken to hospital where he later died.



Michelle Furoy, witness

"You could see Dan (the store owner) trying to hold the door open and then a DVD comes flying out the door," said 30-year-old Michelle Furoy who worked at a liquor store across the street.

Furoy said she heard the man smashing up the store, even as two officers arrived.

"You could hear them tase him, you could hear the Taser, and that's when everything got quiet," said Furoy.

"As soon as it stopped, you could hear him trashing the store again. I thought, 'Oh my god, this guy is never going to stop.' He just kept going."

Clifton Purvis, an executive director with the Alberta Serious Incident Response Team, says it is still too early to pinpoint whether or not the man died as a result of being Tasered.

Purvis says ASIRT has taken over the investigation.

City goes ahead with phase two for Expo

JEFF CUMMINGS
 jeff.cummings@metronews.ca

City council has unanimously decided yesterday to spend \$2.25 million to go ahead with phase two in bringing a world's fair to Alberta's capital in 2017.

The province is expected to match

the cash paid by the city in the national bid to bring the World Expo to Edmonton. If successful in bringing the Expo to Edmonton, both governments should expect a \$1.6 billion to \$3 billion price-tag to host the event

"The money is not going to be spent on things other than infrastructure, it will be things that we will need anyway" said Mayor Stephen Mandel

"This isn't money that is going to be mis-spent ... It's going to create growth for the city of Edmonton."

"The money is not going to be spent on things other than infrastructure, it will be things that we will need anyway" said Mayor Stephen Mandel to reporters yesterday.

"This isn't money that is going to be mis-spent ... It's going to create growth for the city of Edmonton."

There are four phases to making a bid for the expo and all together, it will cost \$22.5 million.

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Sports pg 9



Phillies on top of world

Canada pg 4

Guilty verdict in terror trial

Food pg 10



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On Friday, October 31st, between 7am-9am, Pepper & Dylan from the Bounce morning show will string bras they have collected for charity across the High Level Bridge. For every bra donated the station will give \$1 to the Canadian Breast Cancer Foundation. Drop off your bras at the Bounce studios, 10212 Jasper Ave. **METRO EDMONTON**

Donate your bra to hang high across High Level Bridge

Local



Thomas tooting into town

Thomas the Tank Engine and friends are toot tooting their way into town this weekend, and set their tracks on the Rexall Place stage. Thomas, Percy, and Diesel are on a mission to repair a lighthouse, to help guide friends to a magic lantern festival. Come down to Rexall at 2 p.m. to see the show. Tickets cost between \$25 and \$53. **METRO EDMONTON**

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Man in hospital after altercation

INVESTIGATION Police say a 27-year-old man will be facing charges once he is fully recovered in hospital after allegedly being beaten by two brothers who said they caught him in the act of breaking into their truck Tuesday night.

A resident and his brother chased a man down an alley near 107 Avenue and 113 Street after one of them allegedly witnessed the man breaking the glass of his truck and reaching inside the vehicle that was parked on 108 Avenue near 113 Street around 9 p.m.

Police say a fight took place when the suspect threatened the pair with a wrench and a screwdriver, moments before one of the brothers grabbed a piece of wood in defence. The suspect was restrained until police arrived, say city cops. Police say no charges are pending against the brothers and their investigation continues. **METRO EDMONTON**



Zookeeper Ginette Heppelle and Boris, the Valley Zoo's Siberian Tiger, are shown in May.

Boris, the Francophone tiger, bids adieu as infection takes toll

VICTORIA HANDSIDES
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Edmonton's Boris the tiger said "au revoir" on Monday, after succumbing to a fatal lower respiratory infection that Valley Zoo staff could not cure.

"They tried as many options as they could," said zoo spokeswoman Jan Archibold. "They never gave up, right until the very last minute. Even at the end they decided to anaesthetize him and draw the fluid from his lungs, but he

"They're professionals... That doesn't negate them from being very sad at losing what became a very good friend."

Zoo's Jan Archibold

passed away."

Boris arrived at the zoo in May 2006, and lived with a female tiger, until she died of old age in May 2007.

He was born at the Granby

Zoo in Quebec, and came to the zoo as its only Francophone animal.

Boris' handlers, who spoke to him in his native tongue, have taken his passing to heart.

"They're very sad," Archibold said. "But they're professionals and understand with living things that this can happen. That doesn't negate them from being very sad at losing what became a very good friend."

The zoo had plans to bring in another tiger this fall, but have put plans on hold for the time being.

Blast victim on 'constant uphill battle'

VICTORIA HANDSIDES
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Friends are mourning the death of a woman from the Edmonton area killed in an intentional apartment explosion in Vancouver's east end.

Lana Christopherson, 26, died after an explosion in her fifth-floor apartment rocked the building and sent glass falling to the street below.

Vancouver police say they have a key suspect in custody. Jamie Cliff, 34, has been charged with second-degree murder and attempted murder. Police say Cliff and Christopherson were in a relationship before she was killed.

Christopherson's 21-year-old roommate was home at the time of the blast. He remains in critical condition.

The young woman, who grew up in Beaumont, was loved by everyone, but had a dodgy history, friends say.

"She was so charismatic - everyone wanted to be around her all the time," said lifelong friend Malena Deardoff.

Though Christopherson had a winning personality, she had a drug-fuelled track record, and was on a con-



Lana Christopherson

stant uphill battle since the birth of her son.

"The last time I saw her, about a year ago, she looked healthy, happy, had a guy, and seemed like she was off drugs," Deardoff said.

Deardoff says she remembers the moment when her friend assumed her last name, after it was spelled out on a ouija board. Christopherson was her father's last name before he passed away.

Deardoff says that despite her problems, her friend was a natural born leader, and a teacher that others looked up to.

"It's sad, but not really a shock. She lived a bad-ass life with bad-ass people," she said. "That's the way she probably should have gone out - in an explosion. She was an explosion herself."

metronews.ca
What's online today.

Watch as a Montreal elementary school's circus arts class turns kids into gym heroes at metronews.ca/canada

Check metronews.ca/canada later this morning for news on Harper's cabinet shuffle

Lotteries

Lotto 6/49 1, 3, 26, 33, 42 & 46. Bonus 45
These results are not official.

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Stop and Shop features 85 designers

Stop by the Trans Alta Arts Barn from Nov. 13 to 15 for some amazing holiday shopping. The annual Stop & Shop is back for the holidays, and will feature over 85 designers of local fashion, art, home decor and accessories.

METRO EDMONTON

No apology for High Prairie

JEFF CUMMINGS
jeff.cummings@metronews.ca

Premier Ed Stelmach says he empathizes with 2,700 people in High Prairie who could be at risk of contracting HIV, hepatitis B and hepatitis C by the reuse of syringes, but he won't make an apology.

The comments come after NDP Leader Brian Mason called on Stelmach to make the official apology, saying that it is the "right thing to do for the people of High Prairie."

"I do empathize with the people that access health services in the community of High Prairie," said Stelmach during session yesterday.

"We responded immediately as soon as we were apprised of the situation to ensure that no one contracted any of the infections and diseases ... We'll continue to monitor and get in contact with everybody to make sure they're safe."

Mason said the government should make a "top-to-bottom" review of all practices and procedures done in hospitals across the province to ensure failures never happens again.

"Now is the time to go through all the procedures to make sure they are up to date," said Mason.

CFR ready to ride 'em

VICTORIA HANDYSIDES
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Millions of tourist dollars are about to flood the "biggest little small town on the prairie" as the Canadian Finals Road and Farmfair International ride into Edmonton.

This year marks the 35th anniversary of the nation's premiere indoor rodeo event, which will host the best cowboys from the national circuit.

"We refer to it as the World Series of rodeo," said rodeo announcer Les McIntire. "When you get to this level of professional sport, be it baseball, football or hockey, this is the pinnacle of the rodeo season."

TICKET AUCTION

Farmfair, which runs from Oct. 31 to Nov. 9, will feature a competition to find Canada's greatest horseman, beef industry seminars, and a catleman's pen show.

The Northlands AgriCom will play host to "where the west gets wild" with calf roping, bucking broncos, and ten-gallon hats of the CFR, which runs from Nov. 5 to 9.

The event is expected to draw a herd of rural vacationers, and is expected to inject \$60 million into the region.

"I travel all across Alberta and B.C. across the summer and talk to rodeo fans all over that trek up here every year for CFR," McIntire said.

New home Heavenly rest



Workers make the final cuts through a statue of Jesus that had to be moved in two pieces from its longtime location along Mark Messier Trail yesterday. Its new home will be at the office of the Catholic Archdiocese, at 84 Street and 101 Avenue.

Graphic site shows teens work horrors

VICTORIA HANDYSIDES
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EMPLOYMENT Teens in the workforce are being shocked into safety with a campaign splattered with blood and gore.

Bloodylucky.ca is a new site, aimed at teens aged 15 to 19, who are at risk for workplace accidents.

The site features six short films in which teens suffer serious injuries on the job, performing seemingly routine tasks.

The films are graphic and gory, and get the message of workplace safety across loud and clear.

Statistics show teens aged 15 to 24 make up 23 per cent of disabling injury claims while they only account for 17 per cent of the workforce.

"These kids think they can make it and will be fine because they've got strength," said employment counsellor Diane Jubinville, who works with youth at Acces Emploi. "I've heard a couple of horror stories."

Teens are being lured to the site, bloodylucky.ca, through Nexopia.com ads, YouTube, posters in schools, and through a tamer ad run before every feature film on the big screen for one month.

"I've heard a couple of horror stories."

Employment counsellor Diane Jubinville

Man Tasered twice, charged after allegedly attacking his brothers

ARREST A 20-year-old man is accused of beating up his siblings with a pipe, including one brother who was found unconscious in the home near 128 Avenue and 102

Street late Tuesday night.

Police say they were responding to a domestic disturbance call when they found a man in the home who was smashing his windows with a pipe around 11:30 p.m.

The man, who was angry that his brothers had kicked him out of the home, refused to cooperate with police and was later Tasered, police said. While police were attempting to handcuff the man, police say he turned violent and a second use of the Taser was needed.

Police also discovered another brother in the home who was suffering from a bite mark. The unconscious man was taken to hospital with non-life threatening injuries.

Dean Paul Jr., 20, has been charged with aggravated assault, assault, mischief to property and resisting arrest.

METRO EDMONTON



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About 10 centimetres of snow fell on Ottawa Tuesday night and yesterday, but was not met by the kind of traffic and clean-up chaos that sometimes accompanies the year's first big snowfall in the city. By 9:30 a.m. yesterday, Ottawa Police had reported 37 collisions related to the road conditions. **METRO CANADA**

Canada



Snakebitten man charged

A Winnipeg man who survived the deadly bite of a venomous snake last week won't escape the law, police say. The 31-year-old man, who was the owner of the Gaboon viper, left, that sunk its fangs into his face on Oct. 19, faces a charge of violating the city's exotic pet bylaw, police Const. Jacqueline Chaput said yesterday. **SOURCE: CBC NEWS ONLINE**

Man guilty of five terrorism counts

KHAWAJA An Ottawa man who was the first person charged under Canada's post-9/11 anti-terrorism legislation was found guilty yesterday on five of seven terrorism-related counts against him.

Justice Douglas Rutherford convicted Momin Khawaja, 29, on five charges that he "knowingly participated in or contributed to activity of a terrorist group," but found him not guilty of two terrorism charges related to a foiled London bomb plot. Sentencing is Nov. 18. Khawaja could face life in prison.

TRACEY TONG/
METRO CANADA

Watch a report on the results of Khawaja's trial at metronews.ca/canada

Funeral Judge laid to rest



Former sprinter Ben Johnson is seen leaving a Toronto synagogue following a funeral service yesterday for Charles Dubin. Dubin was the judge in charge of the inquiry into drugs and sports after Ben Johnson's doping ban.

Harper's cabinet to be named today

With stock markets on a roller-coaster ride and financial worries mounting, today's cabinet picks are meant to signal that the economy "will dominate the life of this government and this Parliament."

"It will be strongly focussed on the economy and it will be getting right to work in terms of implementing our overall agenda but especially with relation to the economic challenges facing our country," a government official told reporters in a briefing yesterday.

"Expect to see ... experienced ministers in files with a direct relationship to the economy," he said.

Expected cabinet moves

According to Parliament Hill sources

- Jason Kenney, the Calgary MP who has successfully co-ordinated the Tory outreach to ethnic communities, will get the immigration portfolio.
- Transport Minister Lawrence Cannon will move to foreign affairs.
- Diane Ablonczy to Health, a

big promotion for the Alberta MP.

- Health Minister Tony Clement to international trade.
- Peter MacKay staying put as Defence Minister.
- Jay Hill, currently the government whip, takes over as House Leader.

That's why both Flaherty and Industry Minister Jim Prentice will keep their portfolios to send a signal of stability and confidence to Canadians and the markets.

Harper's new cabinet will be unveiled at 10:30 a.m. to-

day when the ministers are sworn in at Rideau Hall.

TORSTAR NEWS SERVICE

Check metronews.ca/canada after the official announcement this morning for all the details on the new cabinet.

News in brief

INQUIRY Indian, Inuit and church lawyers yesterday presented a joint proposal to Ottawa to restart the stalled commission on abuses at residential schools, according to one of the participants. The commission was thrown into disarray last week when chair Justice Harry LaForme resigned.

QUEBEC The province's opposition parties are joining forces in an effort to avoid a possible provincial election in December, CBC News Online reports. The parties presented and passed a non-binding motion yesterday calling on Premier Jean Charest not to call an election. **METRO NEWS SERVICES**



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French court allows Sarkozy voodoo doll

A French court yesterday rejected President Nicolas Sarkozy's demand for a ban on a Sarkozy doll and voodoo manual that encourages readers to stick pins in it. **REUTERS**

5

World

Obama reaches out with slick infomercial

Barack Obama, in an audacious bid to swamp rival John McCain in the final days of the U.S. presidential election, spoke directly to voters last night in a slickly produced 30-minute infomercial aired in prime time on seven networks.

The Democrat spent about \$4 million for the broadcast, the first such gambit by a presidential hopeful in 16 years.

He mixed his biography with personal stories from hard-pressed American voters — most from battleground states — and testi-

Fighting back

• Republicans spent the day reminding voters that Obama could afford to spend money to hold U.S. viewers hostage because he had broken a pledge to join McCain and accept public financing during the general election period.

monials from governors, Senate colleagues and a military official.

His policy proposals were pitched from an office that looked like it could have been the Oval

Office he is seeking, a risky move for a candidate who had been accused of usurping the presidential seal as a campaign emblem.

As the video ended, viewers were transported to the wrapup of a live speech Obama was delivering in Kissimmee, Fla.

For all the polished production values, the broadcast renewed talk of Obama Overload, and played to McCain's charges that the Illinois senator had a penchant for presumptuous gestures that will alienate Americans.

TORSTAR NEWS SERVICE

Germany Chess champion holds on to title



Chess World Champion Viswanathan Anand of India, right, is seen through his winner's trophy during a news conference at the Chess World Championships in Bonn, Germany. Anand played a draw in the 11th game yesterday to retain his title with 6.5-4.5 points over his challenger, Vladimir Kramnik of Russia.

McCain hits must-win Florida

ELECTION Republican John McCain kicked off a tour of the must-win state of Florida yesterday by warning that Democrat Barack Obama would be bad news for small businesses and workers, and by casting doubt on his rival's judgment and ability to handle a security crisis.

"The question is whether this is a man who has what it takes to protect America from Osama bin Laden, al-Qaida and other grave threats in the world," McCain said.

"The question is whether (Barack Obama) has what it takes to protect America ... And he has given you no reason to answer in the affirmative."

John McCain

"And he has given you no reason to answer in the affirmative."

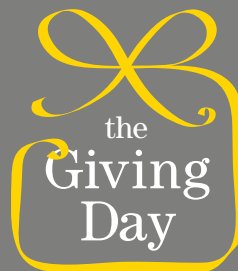
REUTERS

News in brief

PAKISTAN About 175 people were killed when a powerful earthquake hit the southwestern Pakistani province of Baluchistan yesterday, flattening about 1,500 mud-walled homes and triggering landslides, officials said.

EMBARGO UN member states voted in record numbers yesterday to urge the United States to lift its 46-year-old economic embargo against Cuba in a non-binding measure adopted for the 17th straight year.

REUTERS



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Comment & Views

Comment

Assumptions put to test

Ex-U.S. envoy warns Obama win would be danger to Canada

Home&Abroad

Andrew Cohen

Canada & world insight

Paul Cellucci, the former United States ambassador to Canada, warns that a victory by Barack Obama next week would be a "danger" for Canada because he might renegotiate the North American Free Trade Agreement. Cellucci worries that,

should Obama win the presidency and the Democrats strengthen their hold on both houses of Congress, there would be "one-party government" in Washington. With that would come pressure from unionists and environmentalists to re-open the agreement.

Of course, it's nowhere certain Obama would question free trade at all. And it's curious that one-party government didn't bother Cellucci, an amiable Republican, when his party was in control of both the executive and legislative branches in 2004.

But he's right to argue that Obama as president represents a danger to Canadians — even if it is more psychological than economic.

Fundamentally, Obama threatens our self-image. His election will challenge the smugness and moral superiority with which we have long viewed the United States.

It will dispel home truths and force us to look at ourselves in a different light, undermining our deep-seated notion that we are the kinder, gentler

people of North America — more tolerant, more progressive, more civic-minded.

Tolerant?

In Fire and Ice, his best-selling study of attitudes on both sides of the border, pollster Michael Adams argues that Canadians are more sensitive to minorities than Americans

because we are "a mosaic" and they are "a melting pot," demanding conformity from all newcomers.

This isn't true of the United States. It is a delusion that will evaporate if Americans elect their first black president.

Progressive? Barack Obama will come to office as the most liberal chief executive since Lyndon Johnson. Obama wants to introduce universal health care. If that happens — and the country's crushing debt may prevent it — Canadians will lose one of the differences between people they love to trum-

pet. Moreover, we will no longer corner the market on compassion.

Democratic? It won't be

pretty to watch the antiquated American electoral machinery on election day. But if it breaks down, the likely reason is that a higher percentage of Americans will be voting this year

than in any election since 1960.

Expect more than 59 per cent of Americans to cast ballots on Nov. 4, the record low number who voted here. This will put the lie to our boast that we are more engaged in politics than they.

Cellucci was right about Barack Obama. He is a threat to many of the self-satisfying assumptions that we have long had about ourselves and about our neighbours.

Andrew Cohen, a professor and journalist, is the author of *Extraordinary Canadians: Lester B. Pearson*.



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Research Study for Type 2 Diabetes Controlled Through Diet and Exercise Participants Needed

What is the goal of the study?

The goal of the study is to test the safety of a new oral medication to treat diabetes.

Who can enter the study?

Persons with type 2 diabetes who: are currently managing their diabetes through diet and exercise; are between the ages of 31-75 years; and have never received insulin therapy. Additional inclusion and exclusion criteria will be reviewed at time of screening.

What are the study participants asked to do?

Participants will spend a total of seven nights in the University of Alberta Hospital and make six visits to the research unit. Participants will be asked to take a new oral medication. Participants will undergo several monitoring tests (vital signs, ECG, blood and urine sampling).

Are participants compensated?

Participants will be compensated at a rate of \$20/hour for a maximum of 244 hours for their involvement in the study.

Who can I contact for more information?

You may call 780-407-2833 or email kate.bailey@capitalhealth.ca to learn more about the study.

Letters

Adrienne Long, CALGARY

Comparing HIV to the common cold is like comparing a house cat to an African lion. Sure, they might be viewed as similar in some aspects, but they are not the same. (Re: Viewing HIV as a weapon, Oct. 28)

First of all, you can't control the spread of the flu virus. After contracting the flu you are basically a walking, talking infection machine and some people don't have the luxury of taking sick days off from work or school.

In the case of the HIV virus, a person has complete control over infecting others, meaning if you are aware that you carry the virus there is a conscious decision to infect

another person.

While someone who chooses to spread HIV to a partner might not do it with the spiteful intention of "committing murder" the result is the same as any other form of murder; they will die. The main point isn't about making sure the person you are with is not carrying HIV, the point is that if they are, and they know it and they do not tell you, they are intentionally giving you a virus that will eventually lead to your death.

Mya Warren, VANCOUVER

I am writing because I found the article comparing HIV to the flu utterly ridiculous and offensive. (Oct. 28)

The author rightfully

points out that HIV kills only 300 Canadians annually, and the flu kills 6,000. However, if only 5 per cent of Canadians get the flu a year (an underestimate I think) that means the mortality rate of the flu is less than 1 per cent. Compare that to HIV, which, although we have come a long way to prolonging life for people with the disease, is as far as we know 100 per cent fatal.

Also, saying that women who are deliberately infected with HIV are not murdered because they should have required evidence of their partner's HIV status is like saying that a woman walking on the streets alone at night is asking to be raped. Imprudent? Perhaps. Is a crime still committed? Absolutely.

TELL OTHER METRO READERS WHAT YOU THINK

E-mail your letters to: edmontonletters@metronews.ca. Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

comment & views **7**

Views

Stepping into a new, uncertain life

By Denise Rudnicki

I was 20-years-old the last time I went by land across Canada. I remember how exciting it was to feel so free, yet also how very ordinary what I was doing seemed to me.

My young life was ahead and it was supposed to be about adventure and anticipation. There was no fear; no worry about the future. I was hungry for change and new experiences. I wanted to take my place — centre stage.

Rekindled love with the boy I knew 35 years ago is propelling me west again — only this time it's like stepping off a cliff. This time fear is the leading actor in my play. I sold my house and everything in it. I'm leaving family, friends and community, driving to B.C. to live on a boat, and all without the security of a job. I'm so far out of my comfort zone that I barely



Denise Rudnicki

recognize who or where I am.

For months before the move, I woke every night, awash in waves of cold anxiety. No one I knew was doing anything like this. They were paying off their mortgages, working in pensionable jobs, saving, looking forward to retirement and travel and grandchildren. I was stepping into the abyss, and with bad knees to boot. I was afraid I was making a mistake. I was afraid it wouldn't work out. I was afraid I would hate living on a boat. I was afraid I wouldn't find work. I was afraid I couldn't invent a new life at my age.

But love is a powerful motivator and I know it won't get any easier to do this. There isn't going to be a better time. I want a different sort of life and I know this means I have to take risks. Will I be willing to take these risks if I wait

until I'm 60? 65? Surely, making this kind of seismic change will only get more difficult.

I feel a potent mixture of excitement and fear. Fear is a funny thing. It can ring very helpful alarm bells in your gut that can save your life, but it can also para-

lyze you and stop you from trying new things. My sister gave me some good advice — "Feel the fear and do it anyway."

Feeling this afraid and doing it anyway is the greatest test I've ever been set.

The last time I drove

across Canada, my life was all ahead of me. Not as much of it lies ahead this time. But it's a much greater adventure as a result:

He took the mooring line and pulled the boat closer to the dock. Clutching a pint of oysters, a bot-

tle of champagne and two hot water bottles, I stepped onto the boat and into a new and uncertain life. Afraid, but doing it anyway.

Denise Rudnicki has more than two decades experience as a journalist and communications executive.

Letters

Lena Shulman, VAUGHAN

I am a University of Toronto student and I read Rick McGinnis' articles every day. Your writing is very engaging. I, too, am a huge fan of Mad Men and I was touched by your sentimental connection to the show. After reading that article I literally had to take a time out.

As an aspiring journalist, it is very hard to find a writer who genuinely moves you, especially when reviewing a television show. You make my morning commute very pleasant.

Stacy L. Hird, OTTAWA

Metro columnist Anne Hines wrote (Oct. 14) where she talked about the federal election and bad squirrel behaviour. Here is one way she might placate a naughty squirrel while she's sitting in her backyard, "coffee in hand, enjoying the quiet, admiring the glitter of sunlight through leaves ..." Try offering this "mangy black squirrel" some of your coffee. I have seen Ottawa squirrels drinking from spilled coffee cups. I loved the story and tears rolled down my face while I was reading it.

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Business

EDITOR: FERMIN DESOUSA, FERMIN.DESOUSA@METRONEWS.CA

Chrysler, GM clear major deal issues, sources say

General Motors Corp. and Cerberus Capital Management have resolved the major issues in a proposed GM-Chrysler merger, but the final form of any deal would depend on the financing and government support available, sources familiar with the talks said yesterday.

Both sides have agreed that GM chief executive Rick Wagoner would lead the combined automaker, the sources said.

A merged GM-Chrysler would be the largest automaker by global sales, but analysts have cautioned it would struggle to turn around the overlapping Detroit-based operations of two companies that have seen mounting losses tied to a global downturn in sales.

GM shares jumped by as much as 11 per cent, its

GMAC's key role in the talks

One key element of the GM-Cerberus talks has involved GMAC, the finance company in which Cerberus owns a controlling 51 per cent stake, sources said. Cerberus is keen to increase its holding in GMAC at a time when the financial firms stand to benefit

from new government steps aimed at the tight credit markets, sources said. GMAC, which has some \$20 billion in outstanding debt, said Tuesday that it had been approved to borrow through the U.S. Federal Reserve's recently created commercial paper facility.

bonds rose, and the cost to insure the automaker's debt against default fell.

The sources did not specify yesterday what the major issues were. Talks between GM and Cerberus have covered a range of questions, including the stake the private equity firm will retain in the merged automaker, ownership of affiliated finance company, GMAC, and which of Chrysler's assets GM would maintain, other sources said.

GM has been in talks with Cerberus about buying Chrysler since last month, but the biggest hurdle has been the difficulty in securing financing, sources have said.

A decision by the Bush administration to provide the government's first funding for the auto sector since the \$1.5 billion US bailout of Chrysler in 1980 has been widely seen as the merger's best chance for success. REUTERS

Rate cut Traders look for relief



Traders wait for television monitors to display that the Federal Reserve has slashed a key interest rate by half a percentage point to one per cent on the floor of the New York Stock Exchange yesterday.

Pepsi to acquire seeds maker Spitz

FOOD PepsiCo Inc. yesterday said it agreed to buy Canadian seeds maker Spitz International Co., to boost its presence in the market for healthy snacks.

Pepsi, which already makes True North nut snacks and baked Lay's potato chips as part of its push into the healthy snack category, said Spitz would be part of its Frito-Lay North America unit.

Terms of the acquisition were not disclosed.

Spitz, which operates in Bow Island and Medicine Hat, Alta., sells flavoured sunflower and pumpkin seeds. REUTERS

Maple Leaf sales slide

Canada's largest food processor says sales of sliced meats fell by as much as 50 per cent in the immediate aftermath of a nationwide product recall linked to the deadly listeria bacterium.

Maple Leaf Foods Inc. said the cost of the recall pushed the company into a financial loss for the quarter ended Sept. 30.

Up to 20 people died from the same strain of bacteria found in a Maple Leaf pro-

cessing plant in Toronto.

Maple Leaf yesterday reported its fourth-consecutive quarterly loss, of \$12.9 million. That compared with a year-earlier profit of \$220.4 million. The 2007 profit included a \$218.7 million gain on discontinued operations.

Sales rose to \$1.34 billion, from \$1.3 billion a year ago, but operating profit fell \$14 million due to lost sales and higher supply chain costs.

TORSTAR NEWS SERVICE

In brief

AIRLINES Deutsche Lufthansa announced Michael Bishop, founder of Britain's bmi airline, could exercise his option to sell Lufthansa his 50 per cent-plus-one-share stake in the airline. That would give the carrier an 80 per cent hold on bmi.

LAWSUIT Four female former top executives of Dell have sued their ex-employer for \$500 million US in damages, alleging gender discrimination. They say Dell unfairly laid them off. Dell says the suit is "without merit." REUTERS

Deadline officially moved back

NHL general managers will have one extra day to make trades this season. The league officially announced yesterday that it had pushed the trade deadline back to March 4. It had originally been scheduled for March 3, but a high volume of games forced the switch. **METRO NEWS SERVICES**

9

Sports



Daly taken into custody

Golfer John Daly was taken into custody Sunday morning by North Carolina police after he was found drunk outside an area Hooters restaurant. Police said in a statement yesterday that said officers went to the restaurant on a medical call. When they arrived, Daly "appeared extremely intoxicated and uncooperative," refused repeatedly to be taken to the hospital and was asked to leave the restaurant by several workers.

METRO NEWS SERVICES

SPORTS@METRONWS.CA

Now it's sunny in Philadelphia

Phillies finally win Game 5, capture first World Series crown since 1980

WORLD SERIES - GAME 5

Rays 3 Phillies 4



PHILLIES WIN SERIES 4-1

It took two extra nights, but the Phillies have finally put an end to Philadelphia's 25-year major sports title drought.

Eric Bruntlett scored on a Pedro Feliz single in the seventh inning and the Phillies beat Tampa Bay, 4-3, in Game 5 of the World Series, wrapping up the franchise's second title in history. Rocco Baldelli's homer tied the game in the top of the seventh, but the Rays couldn't go ahead as

Chase Utley threw out Jason Bartlett at the plate to end the frame.

The Phillies then went in front in the bottom half of a game that had been halted by rain tied, 2-2, Monday night after 5 1/2 innings. Wintry conditions forced a postponement for an extra day, but under cold, windy conditions yesterday, the Phillies warmed up their fans quickly and sent the City of Brotherly Love into pandemonium. The 4-1 series victory gave Philadelphia its first championship of any kind since 1983, when the 76ers beat the Los Angeles Lakers for the NBA title. The Phillies' other World Series championship came in 1980.

Brad Lidge, who didn't blow a save the entire year, locked down the win in the ninth.

METRO NEWS SERVICES



The Phillies storm the field after winning their first World Series title since 1980.

Calvillo to sit against Eskies

CFL Montreal Alouettes backup Marcus Brady will start at quarterback in place of CFL passing leader Anthony Calvillo against Eskimos Friday.

Als coach Marc Trestman says he wants to give Brady some work and keep Calvillo ready for the playoffs.

Calvillo has started all 17 games for Montreal this season and leads the league in passing with 472 completions for 5,633 yards.

Brady has had little work and has yet to throw a pass this year.

The game has no playoff implications.

The Alouettes have clinched first place in the East and will host to the division final Nov. 15.

Edmonton will finish fourth in the West, but will cross over to play in the East semifinal Nov. 8.

Olympian pleads for corporate help

OLYMPICS Canadian Olympic gold medal speedskater Clara Hughes is pleading with corporations to sponsor Canadian athletes for the 2010 Olympics, saying there isn't enough money for athletes.

She says the corporate community is interested in helping athletes like her, but that some of her teammates have little or no money.

With the 2010 Games coming to Vancouver, Hughes says the pressure will be unprecedented and the resources to make sure athletes' needs are met is crucial.

METRO NEWS SERVICES

SCOREBOARD

NHL														
EASTERN CONFERENCE														
NORTHEAST DIVISION														
	W	L	OT	PTS		W	L	OT	PTS		W	L	OT	PTS
Buffalo	6	0	2	14	Detroit	6	1	1	13	Tampa Bay at Buffalo				
Montreal	6	1	1	12	St. Louis	5	3	0	10	Atlanta at N.Y. Rangers				
Toronto	3	2	4	10	Chicago	3	2	3	9	N.Y. Islanders at Philadelphia				
Boston	3	2	3	9	Nashville	4	4	1	9	Ottawa at Florida				
Ottawa	3	5	1	7	Columbus	3	5	0	6	EDMONTON at Nashville				
					NORTHWEST DIVISION									
	W	L	OT	PTS		W	L	OT	PTS		W	L	OT	PTS
					Minnesota	5	1	1	12	Boston at Calgary				
					Colorado	5	3	0	10	Pittsburgh at Phoenix.				
					Calgary	4	3	1	9	Vancouver at Los Angeles				
					EDMONTON	4	3	0	8	Detroit at San Jose				
					Vancouver	4	4	0	8	NBA				
ATLANTIC DIVISION					PACIFIC DIVISION					LAST NIGHT'S GAMES				
	W	L	OT	PTS		W	L	OT	PTS					
N.Y. Rangers	9	2	1	18	San Jose	7	2	0	14	Toronto 95 Philadelphia 84				
Pittsburgh	5	2	1	12	Dallas	4	4	2	10	Atlanta 99 Orlando 85				
New Jersey	5	2	2	12	Anaheim	4	5	0	8	New Jersey 95 Washington 85				
Philadelphia	3	3	3	9	Los Angeles	3	4	0	6	New York 120 Miami 115				
N.Y. Islanders	2	5	0	4	Phoenix	3	4	0	6	Phoenix 103 San Antonio 98				
SOUTHEAST DIVISION														
	W	L	OT	PTS										
Washington	5	3	2	10						Milwaukee 98 Oklahoma City 87				
Carolina	4	2	2	10						Detroit 100 Indiana 94				
Florida	4	4	0	8						Minnesota 98 Sacramento 96				
Atlanta	2	4	2	6						Houston 82 Memphis 71				
Tampa Bay	2	3	3	6						Utah 98 Denver 94				
WESTERN CONFERENCE					LAST NIGHT'S GAMES									
CENTRAL DIVISION					TONIGHT'S GAMES									
	W	L	OT	PTS										
St. Louis	5	3	0	10	Toronto 6 New Jersey 5 (SO)									
Chicago	3	2	3	9	Dallas 4 Minnesota 2									
Nashville	4	4	1	9	Detroit at Anaheim									
Columbus	3	5	0	6										

Raptors open on winning note

NBA RESULT

Raptors 95 76ers 84



NBA Chris Bosh scored 27 points and grabbed 11 rebounds, and the Toronto Raptors posted a 95-84 defeat of the Philadelphia 76ers in both teams' season-opener Wednesday, spoiling Elton Brand's debut for his new team. The Raptors own new big man, power forward Jermaine O'Neal, was the second-leading scorer



Chris Bosh drives for two of his 27 points last night.

with 17 for Toronto. Jose Calderon added 13 points and seven assists for the Raptors, while Jason Kapono shot 6-for-8—including 3-of-4 from three-point range—for 15 points, as the team

shot 10-for-16 from outside the arc and 44.4 per cent overall for the contest. Brand scored 14 points and hauled in 13 rebounds in his 76ers debut, and Andre Iguodala put up 15 points in a losing effort. Samuel Dalembert grabbed a game-high 17 rebounds in addition to his nine points for Philadelphia. The Raptors took their first lead of the game four minutes into the second, going up 28-26 on an open layup by Roko Ukic. Bosh scored 15 in the half for Toronto, as the team took a 47-38 lead after O'Neal's three-point play with just under three minutes left. **METRO NEWS SERVICES**

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Store whole squash in a cool, well-ventilated dry place. In ideal conditions, hard squashes can last two to three months. Once cut, wrap in plastic, store in fridge and use within a few days. **METRO NEWS SERVICES**

Food

"Choose squash that is heavy for its size. Look for hard squash; the skin should be dry and free of cracks or soft spots."

Barb Holland/for Metro Canada



Butternut

When it comes to butternut, the seeds are in the hollow bulb end, so pick one with a small bulb end and a thick neck.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONews.CA

My gourd! It's squash season

À la carte

Barb Holland

Metro Food Writer



With Halloween on our doorstep, gourds, pumpkins and squashes are at their peak of availability now and through the coming months.

Winter squashes come in an interesting and wide variety of size, shape, colour, texture and flavour. They're also wonderfully versatile — in a warming soup; served mashed or roasted; or puréed and used in baking (think pumpkin pie or muffins).

Roast Squash, Onion and Garlic Soup

Any squash can be used in this recipe; however butternut is one of the easiest to peel and has a rich flavour and colour. Roasting the squash, onion and garlic brings out a caramelized sweetness. Serve with crusty whole grain bread. Makes about 10 cups (2.5 L), 6 to 8 servings.

INGREDIENTS:

- 1 butternut squash (about 3 lbs/1.5 kg)
- 3 onions
- 1 bulb garlic
- 2 tbsp (30 mL) olive oil
- 1 tsp (5 mL) dried thyme leaves
- 1/2 tsp (2 mL) dried rosemary leaves, crumbled
- Pinch each coarse salt and pepper

- 5 cups (1.25 L) vegetable or chicken broth

METHOD:

Preheat oven to 375°F (190°C). Peel and cut squash into 2-inch (5 cm) chunks. Peel and cut onions into wedges. Separate cloves of garlic, but do not peel. In large bowl, toss vegetables with oil, thyme, rosemary, salt and pepper. Spread on a large shallow roasting pan and roast 40 to 50 minutes or until vegetables are tender, stirring occasionally.

When garlic is cool enough to handle, squeeze the softened cloves out of their skins. In batches, purée roasted vegetables with broth until smooth. Transfer to a saucepan, and heat until hot for serving. Season to taste with



Butternut is a relatively easy squash to peel and has a rich flavour and colour.

salt and pepper.

Squash tips:

- Prep: Cutting some of the larger squashes can be a challenge. You can soften the skin by placing the whole squash in the microwave for a few minutes to make cutting a little easier. You can bake a

whole squash, but it cooks faster when halved. Place cut side down in a baking dish with ½ inch (1 cm) water to keep it moist. Or pierce a squash in many places and cook it whole in the microwave until tender. Cut in half and remove seeds.

- Good for you: Squash are a very good source of vitamins A, C & B6, potassium, manganese, dietary fibre, riboflavin, folate and magnesium.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

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Cocktail party instead?

For a Halloween cocktail party, serve hot soup in 2 oz. shot glasses and top with 1 tsp of cranberry sauce.

METRO NEWS SERVICES

Ghoulish feast for your little monsters

Halloween is one of the best times of the year for kids, but parents worry about all that candy! To help satisfy the kids' needs for festive fare while keeping on top of good nutrition, Dairy Farmers of Canada is releasing three spooky, spectacular Halloween recipes. Get these and other fabulous recipes featuring Canadian dairy products at dairygoodness.ca.

Bloodshot Eyeball Soup

Canadian White Cheddar and Potato Soup with a Cranberry Swirl.

INGREDIENTS:

- 1 tbsp (15 mL) butter
- 1 clove garlic, minced
- 1 cup (250 mL) chopped onion
- ½ cup (125 mL) chopped celery
- 4 cups (1L) peeled and diced yellow fleshed or oblong potatoes (about 3 large)
- 4 cups (1 L) reduced-sodium chicken stock
- 1-½ cups (375 mL) shredded Canadian old white Cheddar cheese



Thick potato Canadian Cheddar soup suspends the cranberries in the image of an eyeball. Make in advance and serve with a green salad for a spooktacular dinner or lunch.

- 1 cup (250 mL) low fat sour cream (5% M.F.)
- 6 tbsp (90 mL) canned whole cranberry sauce

METHOD:

In large pot, melt butter over medium heat; cook garlic, onion and celery stirring for 3 to 5 min. or until onion is softened. Add potatoes and chicken stock; bring to boil, over high heat. Reduce heat and simmer, stirring occasionally for about 10 to 15 min. or until potatoes are tender.

In a blender, in batches, or with an immersion blender, purée until smooth; return to pot, if necessary. (Make-ahead: Cover and refrigerate up to 2 days.) Stir in cheese and sour cream; heat over low heat until cheese melts.

Spoon 1 tbsp (15 mL) cranberry sauce in centre of each shallow bowl and ladle soup around cranberries, not covering so it appears as an eyeball. Serve immediately.

METRO NEWS SERVICES

Breakfast Brain Pudding

This recipe is a delicious twist on classic rice pudding and it is full of nutrients for the kids.

INGREDIENTS:

- 2 cups (500 mL) water
- 2 sticks cinnamon
- 1 cup (250 mL) quinoa, rinsed well
- 1 tbsp (15 mL) cornstarch
- 1 tbsp (15 mL) granulated sugar
- 1 tsp (5 mL) ground cinnamon
- 1-½ cups (375 mL) 2% milk
- ¼ cup (50 mL) maple syrup
- ¾ cup (175 mL) dried cranberries or raisins
- 1 cup (250 mL) French vanilla yogurt (1% M. F.) or more to taste
- Suggested Toppings: cinnamon sugar, chopped walnuts, dried cranberries, berries and/or diced apples

METHOD:

In medium saucepan, bring water and cinnamon stick to a boil over high heat; stir in quinoa. Reduce heat to low; cover and simmer 12 min. or un-



Milk and quinoa (KEEN-Wah) play the star role in this simple, nutritious breakfast or dessert dish.

til quinoa is tender. Drain any excess liquid and remove cinnamon sticks; set aside. In small bowl, combine cornstarch, sugar and cinnamon.

In same saucepan whisk milk, maple syrup and cranberries; bring to a boil over medium-high heat. Reduce heat to low; whisk in cornstarch mixture and cook stirring, for about 1 min. or until slightly thickened. Stir in quinoa and cook stirring occasionally, for 5 min. or until slightly thickened. Refrigerate for 1 hr. or until cool. Stir in yogurt. (The pudding will thicken considerably as it

cools; add yogurt to desired consistency.) Serve with suggested toppings.

METRO NEWS SERVICES

On the web**For more spooky recipes:**

- Green and Gooey Macaroni & Cheese recipe available at metronews.ca.



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Style



Makeup looks created for Halloween

Put your most creative face forward with a series of Halloween looks created exclusively by MAC Cosmetics artists using MAC make-up products. The top 10 looks, called MAC Fantasticals, can be seen at maccosmetics.com with instructions on what products are needed and how to apply it to achieve the look. Eighteen additional faces can be viewed on Facebook (facebook.com) by typing in "MAC Cosmetics." Contact your nearest MAC location to inquire about products or get more tips on applying these looks.

METRO NEWS SERVICES

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Dressing for black tie: Bond-style

Emulating 007's fashion sense means sticking to convention

RUSSELL SMITH
for Metro Canada



First, let's get the terminology straight: Bond would never use the word tuxedo. That's an Americanism. He would say "dinner jacket." On an invitation — to an embassy, say, or a casino — it would say "black tie."

And what he means by this is very strict. Even in an age when celebrities interpret black tie to mean any variation on a black suit (long ties, white ties, black shirts, whatever), James Bond would stick to the letter of convention for formal wear. That means classic black, with a small bow-tie. A fitted single-breasted jacket with one or two buttons (no more!). Peak lapels or

shawl lapels (the rounded ones), with satin or ribbed silk facing. One black ribbon down the outseam of each trouser leg. The trousers have no cuffs at the hem, nor do they have belt loops — they are held up by suspenders, or by an adjusting self-belt.

Shirt: white piqué — that's the waffle texture, also known as marcella — with a regular turned-down collar. Pleated shirt fronts are falling out of fashion. Your shirt will have studs, not buttons, and the studs will match your cufflinks. (Oh yes, you will have cufflinks). Your shoes — now listen closely, because this is crucial — your shoes must be plain shiny black lace-up Oxfords. James Bond himself

Black tie pitfalls

- **DON'T** wear black tie with penny-loafers or patterned brogues. Plain black lace-ups only.
- **DON'T** wear a wing collar. Unless you are at some nostalgic '80s party.

RUSSELL SMITH/FOR METRO CANADA

probably owns a pair of extra-shiny patent leather shoes just for black tie, but you don't have to.

Should you own a dinner jacket? Of course you should. Renting is absurdly expensive, and the "formal-wear" chains, which focus on weddings rather than on Bond-style dinner parties, tend to push you towards

the garish. Start shopping for your tuxedo in January, when the big party season is over and formal wear goes on sale.

If you're not in a high income-bracket, you can skip the high-end retailers like Harry Rosen and Holt Renfrew. Since fashion doesn't influence this outfit much, a plain black dinner jacket from The Bay, or from your local conservative men's store, is perfectly acceptable — and can be found on sale for under \$1,000. Designer names are not important in this field. An even cheaper option is to order one online from the Vancouver-based company Indochino (indochino.com).

• For more Bond coverage, see page 15.



Pull off Bond's chic style with classic touches: Small bow tie, fitted single-breasted jacket with one or two buttons, white piqué shirt, cufflinks and peak or shawl lapels.

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Low-E coatings open the window to energy savings for homeowners

FROM SOURCE MEDIA GROUP

It has happened to all of us at one time or another. You open up your winter gas bill only to find a whopping \$300 balance waiting to be paid. It's likely to also happen this winter too, unless you put a stop to it.

There are many energy-efficient products available, and as you may have read, low-E coated windows are among them. Industry standard windows are double-paned clear glass — which does little to prevent heat loss in the summer and heat gain in

the winter.

Linda Rhyason, sales coordinator with CWD Windows and Doors says the technology behind the low-E coating is “a double-paned sealed unit [that] consists of two pieces of glass sealed together with air space in between.” What makes these windows energy efficient is the compound sputtered against the glass. CWD uses zinc and titanium depending on which type of window you choose.

“Silver is our active component, says Glen Janiszewski, marketing manager with Gienow Windows

and Doors. Regardless of what compounds are used, the outcome is virtually the same. Both Gienow and CWD use low-E coated pane on the outer glass, as it's proven most effective.

Gienow offers five different glass options in the low-E department, each with a slightly different purpose. As comfort is the top priority for most Californians, Janiszewski recommends the Sol-R Shield 270 or 366.

“This is ideal for stopping heat loss. Even though you don't get as much free heat gain from the sun, you also don't lose



furnace heat in the winter,” Janiszewski says.

The difference in heat gain doesn't mean you're losing out on sunlight. Compared to standard glass that transmits 81 per cent visible light, the Shield 270 lets 70 per cent through and the Shield 366 allows 66 per cent. “You want the visible light

transmittance percentage to be as close to that 81 per cent as possible while still having the other qualities,” Janiszewski says.

The other Sol-R windows available still outperform double-paned clear glass but may not be fit for locales where the sun doesn't hide. “There is a school of thought in cold

climate that you want to allow more heat to come through the glass,” says Janiszewski. “In theory this makes sense but with (plenty of sunshine), the rooms would still over-heat.” Therefore sticking with the Shield 270 and 366 are still your best bet.

CWD also has two great options, says Rhyason. The low-E, known as the “hard coat,” adds zinc to the production. Low-E typically costs about 10 per cent more than standard clear glass. The TI-R is called a “soft coat” and has the titanium sprayed on the surface. It is roughly 15 per cent more than clear glass.

If price is of concern, you can use low-E glass on south- and west-facing windows, but Janiszewski recommends low-E for all windows, as the energy savings in the future will far outweigh the extra cost today.

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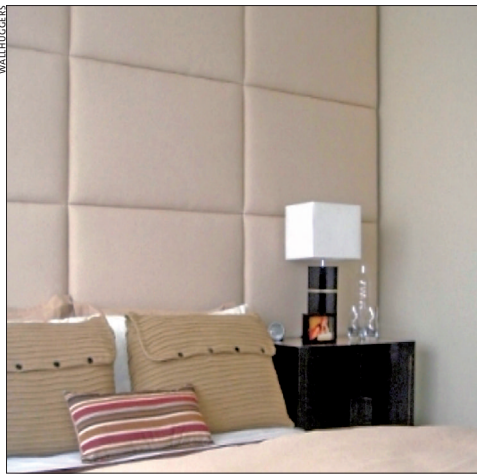
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14 metro homes



Wallhuggers can be mounted together to create a headboard, or they can fill part of a wall or even a full wall.

Making a style splash

HomeScape

Sylvia Putz



Every once in a while, you see a stylish and unique home decor product that really grabs your attention. For me, this product is what originator Connie Beland calls a wallhugger — an upholstered and padded panel with a hard back that attaches to the wall.

These panels can be mounted beside each other to create a rectangular headboard, or they can be mounted to fill part of a wall or a full wall. These plush and cushy-looking panels look absolutely smashing in a bedroom as a headboard, a larger board or even as a wall covering that serves as an elegant focal point. This is how they are most often used by her customers, says Beland.

Cambridge, Ont.-based Beland first came up with the idea of using wooden-backed upholstered panels as headboards when she was helping her daughter decorate her new condo. The headboard, needless to say, became a big hit. In fact, her daughter's friends started clamouring for their own, and their reaction gave Beland the confidence to launch her own company called — you guessed it — Wallhuggers (www.wallhuggers.ca).

Ultimately, wallhugger panels can be used in almost any room to add stylish interest to a wall. How-

On the web

- Beland does not have a retail location, since she sells mostly online. On her website (www.wallhuggers.ca), she has a selection of five different panel sizes and over 100 fabrics, and you can also choose your own fabric.
- Prices range from \$75 to \$250 per panel, depending on the fabric.

ever, in areas where a lot of cleaning is required, like a bathroom or the back-splash area of the kitchen, choose a fabric that can be easily cleaned.

People don't often mix panel sizes or fabrics, says Beland, but a more adventurous design is possible, especially if the wallhugger panels cover the whole wall in, say, a checkerboard design, or vertical or horizontal stripes. Using squares of different sizes could also produce a pleasing random effect.

As for fabrics, the faux leathers and suedes remain as popular as ever and continue to look especially sharp in ultra-modern settings. But textural fabrics are getting big, says Beland. "Fabrics like chenille and other woven materials, I'm seeing it everywhere." Linens are popular as well; their nubby, natural-looking texture fits beautifully in bedrooms with naturally based fibres, fabrics and finishes.

Soothing neutral colours are often used for bedrooms, such as chocolate brown, cream and beige. But bright colours like fire-engine red or royal blue can look wonderfully vibrant, and they work really well in children's rooms.



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Moore honoured in France

Sir Roger Moore was awarded one of France's highest honours during a ceremony in Paris Tuesday. The former James Bond star was presented with the Order of Arts and Letters by French Culture Minister Christine Albanel.

IMDB.COM



15

Entertainment

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONews.CA

Live and let dress

There are moments of great luxury in the life of a secret agent," Ian Fleming wrote at the start of *Live And Let Die*, his second James Bond novel. "There are assignments on which he is required to act the part of a very rich man; occasions when he takes refuge in good living to efface the memory of danger and the shadow of death..."

I'm clearly not taking refuge from danger or death's shadow, but my muscles are still aching from the session at the Krav Maga gym four days ago, so I'm looking at today's *Becoming Bond* assignment as my brush with that great luxury.

Jeff Farbstein, the executive VP, general merchandise manager at Harry

Rosen, meets me at the Tom Ford boutique at the menswear giant's downtown headquarters before the shop opens.

The Bond franchise switched to Ford to clothe Daniel Craig's Bond with the latest film, *Quantum Of Solace*, after a long relationship with Brioni, the Italian clothier, dating back to Pierce Brosnan's *Goldeneye*.

Jeff is very kind, describing to me how a good tailor will correct for things like my gut and poor posture by lengthening the back of suit jacket, raising the back of the neck and tightening up the collar. He opens up a closet where they keep the standard size jackets for fittings and slips me into a two-button black suit jacket with a notched lapel and I

Becoming Bond

Rick McGinnis

rick.mcginis@metronews.ca



look in the mirror to discover that I'm 20 lbs. lighter.

"He always looks like he's just got the suit out of the dry cleaners," Farbstein says of Sean Connery's Bond, the unsurpassed prototype.

"Whether he's standing or sitting, he's always fresh — everything always seems perfect." He shows me a beautiful three-piece light glen plaid suit that echoes the one Connery wears for most of the last half of

Goldfinger; it's a fine example of what Ford is trying to do with his bespoke line, and it costs \$6,000.

Jeff says that someone like Bond would need at least five good suits, a couple of tuxes, two or three shirts for each, and a closet full of shoes and casual wear. I try doing the tally in my head, and it doesn't sound like something you could afford on a civil servant's salary.

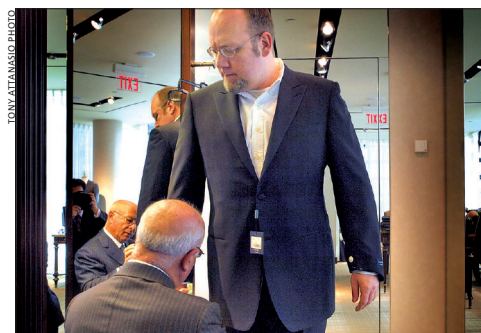
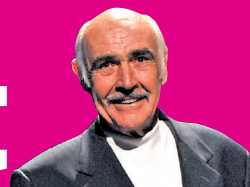
Upstairs, Nello Sansone, Harry Rosen's master tailor, describes to me how he's cut suits for police officers, subtly adding room to the chest and armhole to accommodate the shoulder holster and gun, a process not dissimilar from designing a suit for a man with a thick wallet.

He slips me into a very Bond-like Canali tuxedo

New Quest

Sir Sean Connery has reportedly come out of retirement to shoot a new film with Orlando Bloom, *Quest of Sheherzade*.

IMDB.COM



Nello Sansone, master tailor for Harry Rosen, makes alterations on a Canali tuxedo worn by Metro writer Rick McGinnis at a fitting at the Harry Rosen in downtown Toronto.

for a fitting — the sort of thing Bond would wear to a casino or embassy reception. Once again, the 20 lbs. have miraculously disappeared. The tux costs \$2,000, and the added shirt, tie, shoes, pocket square and other accessories bring it up close to

three grand, but I'm looking at myself in the mirror, slimmer, straighter, taller, and I'm already making excuses to justify the expense, even if I'm reduced to wearing it to parent-teacher interviews.

MORE ON BOND'S STYLE, PG. 12



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16 entertainment

Funnyman cries like a baby

Mike Myers says a recent performance for sick children in New York left him "crying like a baby." IMDB.COM

Pink's Funhouse

Pink

Album: Funhouse
Label: Sony BMG
Rating: ⓈⓈⓈ

WE'VE ALWAYS BEEN able to rely on Pink to keep the rest of the corporate

pop stars honest. She turned both barrels on them with *Stupid Girls*. Now she does the same thing to herself with *So What*, lead single off *Funhouse*. The marriage breakup with Carey Hart seems to have left her ... vulnerable. It works surprisingly well on *I Don't Believe You* (which is believable), but fails on *Please Don't Leave Me* (which isn't). The feisty in-your-face Pink returns on *Bad Influence* and the title track, *Funhouse*. But there's just not enough of that old attitude. Come on, Pink, get over it. Time to kick some butt out there.

Graham Rockingham/for Metro Canada

John Legend

Album: Evolver
Label: Columbia/Sony BMG
Rating: ⓈⓈ

IT'S CLEAR WHEN you hear *Evolver* — John Legend's latest — that the neo-soul pianist is trying to

well, evolve. But while this record is a departure from Legend's previous efforts, it's more of a step back than a leap forward. The crooner's third full-length is filled with more upbeat R&B synth tracks and guitar riffs, which could have been interesting if only they weren't so bland. There's barely an infectious chorus here, and cliché lyrics about his ex on *This Time* will make you long for the usually thoughtful singer's back catalogue.

Bryan Borzykowski/for Metro Canada

Read CD reviews of Lordi, Snow Patrol, Eva Avila, Kaiser Chiefs and Kenny Chesney at metronews.ca/music

AlbumReviews

music@metronews.ca

Bloc Party

Album: Intimacy
Label: Atlantic/Warner
Rating: ⓈⓈⓈ½

BLOC PARTY

SHOWS a lot of range on its third album, *Intimacy*. In the case of vocalist Kele Okereke, sometimes a little too much range. With a thick British accent (almost unbelievably thick in some spots), Okereke can sound like a whinier Andy Partridge of XTC. But when he stays mid-range and doesn't sound like he's putting on, Okereke delivers heartfelt, intimate vocals. Okereke, and the entire band for that matter, thrive on the ballads and darker songs (and there are a lot of those). Don't be fooled by the raucous kickoff track *Ares*: *Intimacy* is a personal, introspective album.

Jim Reyno/Metro Canada



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Olsen credits business-savvy parents for success

Actress Ashley Olsen credits her business-savvy parents for grooming her and sister Mary-Kate into media moguls — because they let them sneak into meetings at a young age.

IMDB.COM



Hollywood trashes import flops

IntelVision



FOREIGN AFFAIRS As the writers' strike dragged on over the course of last winter, the networks made a big deal out of looking abroad for ideas for the fall season, citing examples such as NBC's adaptation of *The Office* as proof that a good story was a good story, even if they had to change "chips" to "french fries" and delete jokes about the Queen's husband's racist gaffes.

That hasn't worked out so well, according to a story in the Hollywood Reporter. With the cancellation of *The Ex* List by CBS, it looks like other underperforming foreign imports might be following this transplant of an Israeli comedy-drama into the dustbin of history.

Eleventh Hour and *Life On Mars* have done mid-



Flashpoint may be a midseason replacement on CBS.

dling basis airing against each other on Thursday night, and CBS' *Worst Week* has been losing 40 per cent of the viewers it inherits from *Two And A Half Men* on Monday.

Advance word on NBC's *Kath & Kim* was never good, and the show has become Thursday night's sucking chest wound. The

Reporter notes that it's already been cancelled in Australia, though it was never likely to take off in the country where the original was such a big success.

There's a hint of optimism in slow but notable improvements in *Eleventh Hour*'s rating, and good reviews for *Worst Week* and

Life On Mars, and CTV's *Flashpoint* even gets a pat on the head for its brief summer slot on CBS, and a likely return as a midseason replacement.

All is not lost for the lawyers who were looking forward to more business negotiating acquisition of foreign rights, but the primetime transplants are

still regarded as wan and sickly even next to this season's very qualified successes — shows like *Fringe*, *The Mentalist*, *90210* and *Knight Rider*.

There are still a lot of immigrants waiting to be released from the Ellis Island of network production, though, including shows from Australia, France and Argentina, and the utterly unnecessary Americanization of *Absolutely Fabulous*. Hollywood thinks with its belly, though, not its head, and this season's failures are likely to jinx further transplants.

"Hollywood is a pretty reactionary town," one unnamed network executive told the Reporter. Indeed — with a few more foreign flops kicking this dismal season in the shins, they might even consider having the cast of *The Simpsons* dub the actors' voices in *Flashpoint*, anxious that the Canadian diction might alienate U.S. audiences.

Rick McGinnis writes about music, movies, books and television, but not opera.

Downey Jr., director join Avengers

MOVIES Iron Man duo Robert Downey Jr. and director Jon Favreau will reunite for *The Avengers*, Marvel Studios' film about its team of superheroes.

Don Cheadle, whose deal to replace Terrence Howard in the Iron Man movies has been finalized, also has signed to perform in the action movie. It is set for release in 2011.

Downey has signed a four-picture deal with Marvel Studios, which will see him reprise the character of Tony Stark not only for *Iron Man 2* and *Iron Man 3*, but also for the *Avengers* movie.

Marvel's slate is designed to introduce superhero characters via individual movies that lead up to the characters teaming up for *Avengers*. The roster of superheroes includes Iron Man, Captain America, Hulk, Wasp, Giant Man, Hawkeye and Thor. **REUTERS**



Downey Jr.

In brief

MOVIES The true story of international drug dealer and U.K. spy Howard Marks is aiming to give moviegoers a buzz.

Rhys Ifans, Chloe Sevigny and David Thewlis are in final negotiations to star in Mr. Nice, writer-director Bernard Rose's adaptation of Marks' 2002 best-selling autobiography.

MOVIES After a summer of superheroes, will super-baddies now get their due?

Universal has paid mid-six-figures for the movie rights to the graphic novel series *Villains*. The plot, told from the baddies' perspective, follows a young man who is failing at life and finds purpose when he meets a Svengali-style villain who takes him under his wing.

The graphic novel, by Adam Cogan and Ryan Cody, comes from Viper Comics.

REUTERS

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

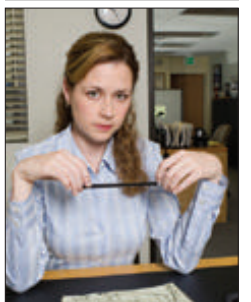
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	3 KHQ - 370	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune Raymond	Name Is Earl Kath & Kim (N)	The Office (N)	30 Rock ER (N)					
	4 CBXT - 307	Coronation St.	Jeopardy! (N)	The Nature of Things (N)	Doc Zone (HDTV) (N)	CBC News: The National	The Hour					
	6 KREM - 372	News (N)	Hollywood	The Doctors (N)	Survivor: Gabon (HDTV)	CSI: Crime Scene Investgtn.	Eleventh Hour					
	7 CKEM 241 347	Law & Order: SVU		Friends Friends	Ugly Betty "Ugly Berry"	30 Rock	30 Rock Your City					
	8 CTV 240 339	ET Canada	Entertainment	Life on Mars (HDTV) (N)	Survivor: Gabon (N)	The Office (N)	Billable Hours					
	12 CBFT 119 705	Virginie (SC)	Infoman (SC)	Enquête (HDTV) (SC)	Grosse vie C.A. (SC)	Le Téléjournal (SC)	TJ Alberta					
	13 KPLY - 371	4 News at 6	4 News at 6:30	Entertainment The Insider (N)	Ugly Betty "Ugly Berry"	Grey's Anatomy (N)	Life on Mars					
	16 KAYU - 373	MLB Baseball: World Series Game 7 - Phillies at Rays		Anderson Cooper 360 (HDTV)	Malcolm-Mid. According-Jim	King of the Hill	The Simpsons					
	19 CHTV - -	The Insider (N) E! News		Name Is Earl Kath & Kim (N)	The Hills Have Eyes ** (2006, Horror)	Aaron Stanford	News (N)					
	22 KSPS - 374	NewsHour With Jim Lehrer		Educating Spokane	Sherlock Holmes Mysteries	Globe Trekker (DVS)	Soundstage					
	24 WTVS - 364	Ask This Old Michigan		Spain ... On the Road Again	Red Green Summer Wine	Tavis Smiley Charlie Rose (N)						
	15 CBCN 502 -	CBC News: The National		The Nature of Things	CBC News: The National	CBC News: The National	Nature-Things					
	21 TWN 505 398	(5) EarthWatch One		EarthWatch One	EarthWatch Two							
	27 CNN 500 500	Larry King Live		Anderson Cooper 360 (HDTV)		Larry King Live	Cooper 360					
	54 CTVN 501 391	CTV Newsnet		News CTV Newsnet	News CTV Newsnet	News CTV Newsnet	News CTV Newsnet					
	70 BNN 504 508	Squeeze Play		Market Call	Headline Market Call	Commodities Business News	Squeeze Play					
	20 TSN 400 400	CFL Football: Roughriders at Argonauts		SportsCentre (HDTV) (Live)	Sportsnet Con. Pass Time	UEFA Champions League	Poker Night					
	23 net 408 418	NHL Hockey Boston Bruins at Calgary Flames. (HDTV) (Live)		Wrecked (N) Wrecked	Pinks - All Out (HDTV)	Sportsnet Connected (Live)	Best-Sports					
	47 SPEED 417 406	Pinks - All Out (HDTV)		Wrecked (N) Wrecked	Pinks - All Out (HDTV)	Sportsnet Connected (Live)	Best-Sports					
	94 SCORE 410 403	College Football South Florida at Cincinnati		Score Tonight	Score Tonight	Final Score	Final Score					
	9 EDACC 267 351	Help TV		America's Next Top Model	Hole in the Wall	Eleventh Hour "Savari"	Help TV					
	14 YTV 552 543	Flintstones Meet Rockula		Charlie Brown Garfield	Sabrina-Witch	Futurama Prank Patrol	Mystery Hnt.					
	17 TREE 553 546	Little Bear Maggie-Beast		Comfy Couch Rolie Polie Olie	Beren Bears Babar	Backyardigans Dora-Explorer	Go, Diego, Go!					
	42 TOON 555 545	Scooby-Doo My Mummy		Planet Sketch Ghosts-Scooby	Ghost-Scooby 6teen	Total Drama Futurama	The Critic					
	45 FAM 557 541	Zoe 101		Wizards-Place That's-Raven	Zack & Cody Natural-Sadie	Han. Montana	Life Derek Ned's School					
	- TVA 121 714	TVA 18 heures Le Cercle (SC)		La Fievre de la danse (SC)	Occupation double	Vlog (SC)	TVA 22 heures					
	18 CMT 575 583	Reba		Hope & Faith	Gone Country	Home Improve.	Home Improve.					
	25 A&E 615 520	The First 48 (HDTV)		Jacked: Theft Jacked: Theft	Crime 360 (HDTV)	The First 48 (HDTV)	The First 48					
	26 MMM 571 581	Madonna: Confessions Tour		I Want to Work for Diddy	Party of Five	Madonna: The Confessions Tour						
	29 FOOD 603 561	The Secret Life Of...		Jamie's Kitchen Australia (N)	Restaurant Makeover	Challenge Candy castles.	Unwrapped					
	31 SHOW 617 522	EastEnders Spaced		Painkiller Jane	ReGenesis (HDTV)	Trailer Park	Saving Grace					
	32 DISC 520 505	True Stories-Amityville		MythBusters	Daily Planet	Monster Moves	Investigation X					
	33 SLICE 601 562	X-Weighted "Jen"		The Biggest Loser	Rich Bride, Poor Bride	X-Weighted "Jen"	Biggest Loser					
	34 W 602 567	House		Style by Jury	Will & Grace Friends	Confidential Save Us-House	Divine Design					
	35 TLC 521 560	American Chopper (N)		LA Ink "Cover Girl" (N)	American Chopper	LA Ink "Cover Girl"	Overhaul					
	36 BRAVO 620 523	Naked Lunch *** (1991, Science Fiction) Peter Weller.		Law & Order "Hate"	Law & Order "Hate"	Without a Trace	Naked Lunch					
	38 SPIKE 628 584	TNA IMPACT! (HDTV) (N)		MANswers	MANswers	MXC	Married... With					
	40 HIST 522 506	Chasing Warbirds		NCIS "Reveille"	Crime Stories	Lost Worlds	Engineering					
	41 COM 626 547	Laughs Comedy Now		Air Farce Just for Laughs	Comer Gas	The Simpsons South Park	VIP					
	43 SPACE 627 528	Battlestar Galactica		Chuck (N)	Stargate SG-1 (DVS)	Lost "... And Found"	Deep Space 9					
	44 WPCN 294 650	Friends Friends		Seed of Chucky * (2004, Horror)	Family Guy	Family Guy Seinfeld	Seed					
	46 OLN 411 457	Survivorman		Pilot Guides Specials	Pilot Guides	Don't Forget Your Passport	Commando					
	48 TROP 619 525	Make or Break Naked Fashion		Beverly Hills, 90210	Make or Break What Happen?	Family Guy Seinfeld	Seinfeld					
	50 STAR 621 527	etalk Presents Me to We		The Tonight Show-Jay Leno	TMZ	The Ellen DeGeneres Show (N)	Hollywood					
	52 HGTV 600 564	The Fix Disaster DIY		Home to Flip Real Renos (N)	Holmes on Homes	The Fix Disaster DIY	Home to Flip					
	65 TLN 700 800	(6) La Dolce Vita (1960)		Raymond Raymond	George Lopez	The Sopranos (SS)	Paid Program					
	92 AVTN 269 350	News		Suaguan (N) Red Rizes	Night Youth renegade press	Bram Stoker's Dracula *** (1992, Horror)						
	93 VISION 261 394	The Wizard of Oz **** (1939, Fantasy) Judy Garland.		Emily of New Moon	Emily of New Moon	The Wizard of Oz (1939, Fantasy)						
	100 MTW 581 566	The Hills Super Sweet		True Life "Native" living.	MTV Live After	Man and Wife The Hills	True Life					
	101 MMV 570 580	Degrassi: Next Instant Star		Greek	Muchmusic Countdown	Pimp My Ride Legally Blonde						
	102 CPAC 512 396	(6:30) Headline Politics		Revue	Question Period	Prime-Politics Headline Politics						
	103 CLT 526 507	(6) Naked Frailties (1998)		Mysterious Ways	Judging Amy	Fundamental Freedoms	Naked Frailties					
	105 TV5 145 761	Envoyé spécial		Cité guide	Journal TV5	La Boite à musique de Jean-François Zygel	Acoustic					
	106 RDI 126 730	Le Téléjournal (SC)		RDI en direct sur l'économie	Le Téléjournal (SC)	Le Journal RDI Le National	Le Téléjournal					

critics'corner

The Office

Does Halloween count as a casual Friday? Pam (Jenna Fischer) is embarrassed when no one else at corporate wears a costume on Halloween — although there is a chance they're all dressed as party poopers. Meanwhile, Holly (guest star Amy Ryan) and Michael (Steve Carell) take a long trip to Nashua after they get some shocking news from corporate. Then Dwight (Rainn Wilson) tries to get under Andy's (Ed Helms) skin in "Employee Transfer." 10 PM on CITY KHQ



30 Rock

The Rock is back! No, not the wrestler — the hit sitcom set inside the offices of a fictional television variety show. Tina Fey — who found a new sideline gig a few weeks back, thanks to a certain politician — returns as Liz Lemon, who's trying to adjust to a workplace without Jack (Alec Baldwin). As you may remember from last season's finale, though, Jack was disappointed in his new job in Washington, D.C. Will he be back at the Rock? Watch and find out. 10:30 PM on CKEM

Country singer Jo Dee Messina and her husband Chris Deffenbaugh are expecting their first child, a boy. Messina is in her third trimester — she is due in December. **PEOPLE.COM**

Celebrity Buzz

Britney's dad in control

LEGAL Britney Spears' father, Jamie, has been named permanent conservator of his daughter's affairs, a Los Angeles court has

ruled. He was also named permanent co-conservator of her estate, along with an attorney, Andrew Wallet, on Tuesday, People.com reports.

"I've met several times with (Britney) and she requested that I not object to the permanent conservatorship," the singer's court-appointed

lawyer Samuel Ingham said in open court.

Commissioner Reva Goetz stated the permanent conservatorship was "necessary and appropriate."

Experts say, however, the permanent status doesn't necessarily mean forever.

A source close to Spears concurs, saying, "This is by no means something that's going to last forever. The conservatorship being made permanent in name is primarily to ensure increased time with her children, and provide support for her music and work goals."

Terry K. Wasserman, a mental health lawyer not involved with this case adds, "Ms. Spears can regain control of her life anytime — as long as her doctors feel she's able to manage her own affairs."

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Joaquin to quit acting for music

CAREER Oscar winner Joaquin Phoenix is retiring from Hollywood, at the age of 34, imdb.com reports.

The actor will instead focus on his budding music career.

"I'm not doing films anymore," Phoenix told Extra. "I'm working on my music. I'm done. I've been through that."

His representative confirmed the news, saying, "That is what he told me."

Phoenix's brother-in-law actor Casey Affleck

added Phoenix is for real: "I don't think he's kidding. He's got music and stuff."

Phoenix's vocal skills were applauded in 2005 when he recorded the soundtrack for the

Johnny Cash

biopic Walk the Line. His efforts

won him a Grammy award, and he is now working on an album with

British

rockers Tim

Burgess from

The Charlatans.

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celebrity brief

Gwyneth tops worst duet poll

SURVEY Actress Gwyneth Paltrow and singer Huey Lewis' rendition of Cruisin' in the 2000 movie Duets has been voted the worst vocal collaboration of all time, by online music magazine Spinner, femalefirst.co.uk reports.

The pair played karaoke champs in the film.

Paula Abdul's pairing with MC Skat Kat for Opposites Attract was named second

worst, followed

by Sir Paul McCartney and

Michael Jackson's The Girl is Mine.

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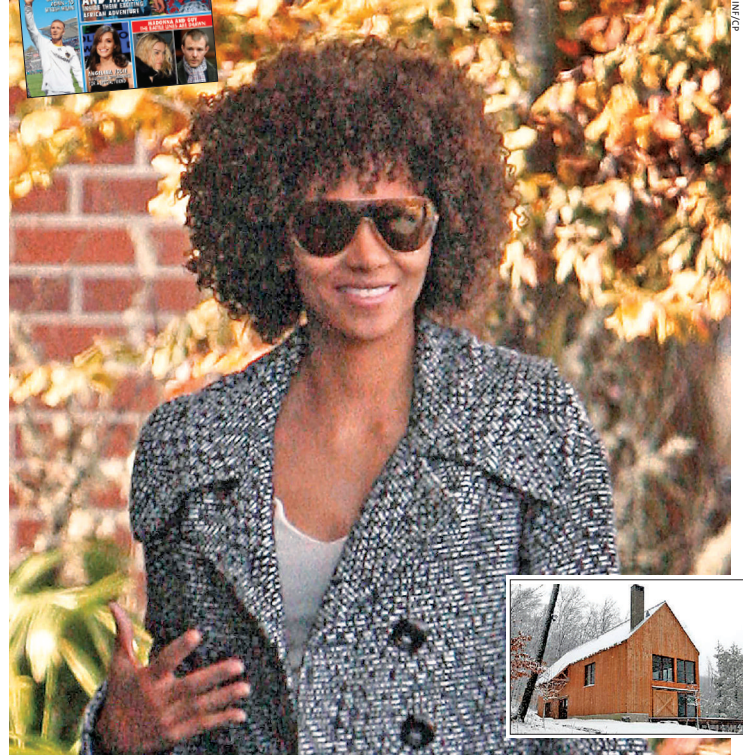
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HELLO! Hot shot of the week



The prospect of a Canadian winter hasn't deterred actress Halle Berry from purchasing property north of the border, inset. Berry — seen shopping at a Vancouver Whole Foods store on Sunday — and her Montreal-born model beau Gabriel Aubry have bought a million-dollar retreat in Quebec's Laurentian Mountains, where they can cosy up against the elements with seven-month-old daughter Nahla.

HELLO! CANADA magazine, now available on newsstands — read more at hellomagazine.ca

Colin reveals pain at movie flop

PEOPLE Actor Colin Farrell has opened up about box-office blunder Alexander four years after its release, saying he's just getting over his disappointment at the movie flop, imdb.com reports.

Farrell played the ancient Greek conqueror in the 2004 movie.

The film made a mere fourth of its reported \$155 million US budget at the U.S. box office, adding to

Farrell's stress from movie critics who were disappointed with his performance.

"I took it to heart," Farrell says. "I felt like I had let a lot of people down, I felt like I had disappointed a lot of people ... And it took a while to get over that."

Farrell adds he's just starting to recover from the backlash.

"I probably got a bit disillusioned after that. I think only in the last couple of years starting with

(new film) Pride and Glory has

that disillusionment ceased to

be something that is still present

in my life regarding the

work."

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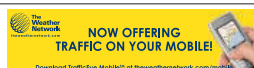
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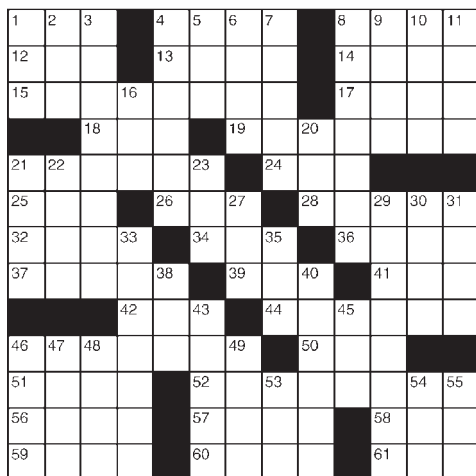
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TWN incorporates MSC data

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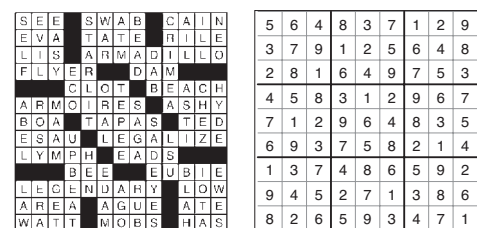
Crossword across

- | | | |
|-----------------------|--------------------------|-------------------------|
| 1 Vacationing | 25 "— not choose to run" | 50 "Of course" |
| 4 Weapon handle | 26 Long sandwich | 51 Flock youngster |
| 8 Major leagues | 28 Different | 52 MySpace alternative |
| 12 Carnival city | 32 Belgrade resident | 56 Neighborhood |
| 13 Look lecherously | 34 Wrigley product | 57 Pinocchio, at times |
| 14 Norway's capital | 36 Domesticated | 58 X-ray descendant |
| 15 Bully | 37 Inquired | 59 Designer Vera |
| 17 Revolution period | 41 Zero | 60 "Desire Under the —" |
| 18 Bill | 42 Melody | 61 Chow down |
| 19 Come before | 44 Gaudy | |
| 21 Talcum, e.g. | 46 Stunt double, e.g. | |
| 24 In an earlier time | | |

Crossword down

- | | |
|-------------------------|--------------------------|
| 1 Scepter topper | 29 Attractive |
| 2 Christmas tree, often | 30 Eastern bigwig |
| 3 Adroit maneuvering | 31 Depend (on) |
| 4 Calvin's companion | 33 Pellet-filled chair |
| 5 Time of your life? | 35 Wrestlers' surface |
| 6 Envelope feature | 38 Accomplished |
| 7 Aquarium favorite | 40 Lord Wimsey's creator |
| 8 Refuse to buy | 43 Soldier's arm |
| 9 "Gotcha" | 45 Symbol of intrigue |
| 10 Pleased | 46 Cabbage salad |
| 11 Angry | 47 The O'Hara estate |
| 16 Bankroll | 48 Congregation's cry |
| 20 Freudian concept | 49 Manicurist's concern |
| 21 Tower city | 53 Rotating part |
| 22 Pindaric works | 54 Man-mouse link |
| 23 Bad hairpiece | 55 Set of equipment |
| 27 Annoy | |

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

- | | | | |
|--------------|--------------|-----------|----------------------|
| Under 13 min |Genius | 17-21 min |Smart |
| 13-17 min |Scholar | 21-25 min |Not bad |
| | | 25+ min |Keep practising |

Recipe of the day



Sweet Potato Soup

INGREDIENTS:

- 2 tbsp (25 mL) olive oil
- 2 cloves garlic, minced
- 1 large onion, chopped
- 1 red bell pepper, seeded and chopped
- 1 tsp (5 mL) ground ginger
- 1 tsp (5 mL) allspice
- 4 cups (1 L) low-sodium vegetable or chicken broth
- 2 large sweet potatoes, peeled and cut into 1-inch (2.5-cm) pieces
- 1 can (19 oz/540 mL) diced tomatoes
- 1/2 cup (125 mL) natural peanut or almond butter
- 1 package (16 oz/450 g) frozen shelled edamame
- 5 oz (150 g) baby spinach

METHOD:

1. Heat oil in a large saucepan over medium-high heat. Add garlic, onion and bell pepper

and cook until lightly browned, 5 minutes. Add ginger and allspice and cook for 1 minute.

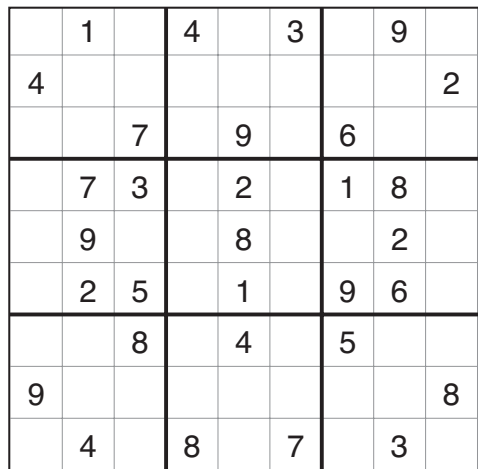
2. Stir in broth, sweet potatoes and tomatoes and bring to a boil. Reduce heat to low, cover, and simmer until potatoes are just tender, 15 minutes.
3. Place peanut butter in a small bowl. Whisk in about 1 cup (250 mL) of the simmering broth. Return to the pan and add edamame and spinach. Cook until edamame is cooked through, 10 minutes.

SERVES 6



Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Horoscopes

ARIES

MARCH 21-APRIL 20
Noble people are defining their boundaries. Deceit causes awareness of distress. A standard approach isn't necessary for a project.

LIBRA

SEPT 23-OCT 23
Someone's behaviour is unnerving. A phone call is not as good as you expected. A buddy makes the best of a crisis at work.

TAURUS

APRIL 21-MAY 21
There'll be talk about not getting credit. Varied options are difficult for an inattentive person. An elder comes to the forefront of a discussion.

SCORPIO

OCT 24-NOV 22
A train of thought evokes tender memories. Refuse to take sides while chaos rules. You'll develop a guilty conscience about a lie.

GEMINI

MAY 22-JUNE 21
A man makes an effort with bonding. Comforting a friend brings you good luck. You won't insist on following the rules.

SAGITTARIUS

NOV 23-DEC 21
Speak up about honesty and trust. A relationship takes on special significance. Security issues are increased with an appealing person.

CANCER

JUNE 22-JULY 22
A show-off gets spiteful due to frustration. A stranger offers a little sympathy. Talking about a bad boy is more fun than it's worth.

CAPRICORN

DEC 22-JAN 20
Try different tactics when a meddler refuses to listen. A poor decision is made in the heat of the moment. You'll cheer for a friend's deeds.

LEO

JULY 23-AUG 23
Not everyone is upset about someone's anxiety. Your friendship isn't taken for granted. A lively friend boosts your confidence.

AQUARIUS

JAN 21-FEB 18
Keep an open mind but don't forget insulting behaviour. An enemy causes laughter with a silly remark. Avoid people who may not be sincere.

VIRGO

AUG 24-SEPT 22
A subdued celebration will take place. A sympathetic person wants the right to remain silent. Be doubtful when you see undue diligence.

PISCES

FEB 19-MARCH 20
A game player regrets what was said in anger. An old friend has scary news to share. Scrutinize the attention coming from a hermit.

AVATAR VENUS

This day in history

OCT. 30, 1831: In Southampton County, Virginia, escaped slave Nat Turner is captured and arrested for leading the bloodiest slave rebellion in United States history.
OCT. 30, 1944: Anne Frank is deported from Auschwitz to the Bergen-Belsen concentration camp.
OCT. 30, 1961: Because of "violations of Lenin's precepts", it is decreed that Joseph Stalin's body be removed from its place of honour inside Lenin's tomb and buried near the Kremlin wall with a plain granite marker instead.
OCT. 30, 1995: Quebec sovereignists narrowly lose a referendum for a mandate to negotiate independence from Canada.
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